

November 2023

"Excellence is the Expectation"

Monday

6

Hamburger Steak w/GvyU M1015.1
 Tuna Salad Salad M3590
 Cornbread 1 WG M7050
 Rice, Brown M7090
 Turnip Greens, Southern M 5640
 Pineapple Tidbits M6890
 Milk, LF White 1/2 pt,BoMS 1708
 Milk, FF Choc 1/2 pt.Bo MS 1700

13

Cheeseburger 2 oz.,US M4 100.1
 Tuna Salad w/ Crackers M 3595
 Potato Rounds, Baked M60 95
 California Vegetables M578 5
 Chilled Mandarin Oranges M6795
 Milk, LF White 1/2 pt, PF M 110
 Milk, FF Choc 1/2 pt.Bo MS 1700

20

Holiday

Tuesday

7

Chicken Spaghetti WGR M 3085
 Chef Salad, Elementary M3 505
 Roll, Whole Wheat Pur2oz M7140
 Mixed Vegetables M5795
 Chilled Pears Diced M6850
 Milk, LF White 1/2 pt,BoMS 1708
 Milk, FF Choc 1/2 pt.Bo MS 1700

14

Red Beans & Rice/Sausage M2555
 Tuna Salad w/ Crackers M 3595
 Yam Patties M5935
 Cornbread 2 WG M7055
 Fruit Juice, Frozen Cup M6 650
 Milk, FF Choc 1/2 pint PF M120
 Milk, LF White 1/2 pt, PF M 110

21

Holiday

Wednesday

1
 Steak Fingers, Baked M10 45
 Chef Salad M3500
 Mashed Potatoes & Gravy
 Green Peas, Canned M603 5
 Broccoli Spears,Steamed MS1014
 Tropical Fruit M6745
 Milk, FF Choc 1/2 pt.Bo MS 1700
 Milk, LF White 1/2 pt,BoMS 1708
 Saltine Crackers, ENR,CR M7020

8

Corn Dog M4075
 Chef Salad, Elementary M3 505
 Spicy Potato Wedges
 Fruitable Plus Vegetable Juice
 Tropical Fruit M6745
 Milk, FF Choc 1/2 pt.Bo MS 1700
 Milk, LF White 1/2 pt,BoMS 1708
 Giant Graham Goldfish Cookies

15

Hot Dog WG M4230
 Chef Salad, Elementary M3 505
 Baked Beans Vegetarian M 5000
 Baked Ranch Fries M6140
 Fruit Cocktail M6735
 Milk, LF White 1/2 pt,BoMS 1708
 Milk, FF Choc 1/2 pt.Bo MS 1700
 Saltine Crackers, ENR,CR M7020

22

Holiday

Thursday

2
 BBQ Rib on Hoagie Bun
 Chef Salad, Elementary M3 505
 Baked Beans, Spice Blend M5540
 Fried Straight Cut Fries M6 160
 Fresh Plums M6900
 Milk, LF White 1/2 pt, PF M 110
 Milk, FF Choc 1/2 pint PF M120
 Cookie,Chocolate ChipPur M7545
 Saltine Crackers, ENR,CR M7020

9

Beef -A- Roni M1165.2
 Chef Salad, Elementary M3 505
 Roll, Whole Wheat Pur2oz M7140
 Green Beans, Cut, CND M 5745
 Fresh Oranges M6775
 Milk, LF White 1/2 pt,BoMS 1708
 Milk, FF Choc 1/2 pt.Bo MS 1700
 Saltine Crackers, ENR,CR M7020

16

Turkey & Dressing Supreme M3325
 Tuna Salad w/ Crackers M 3595
 Green Peas, Canned M603 5
 Roll, Whole Wheat Pur1oz M7135
 Chilled Blushing Pears M6 845
 Milk, LF White 1/2 pt,BoMS 1708
 Milk, FF Choc 1/2 pt.Bo MS 1700
 Cranberry Sauce Portion M S1230

23

Holiday

Friday

3
 Pizza, Stuffed Crust M2040
 Tuna Salad Salad M3590
 Mexicali Corn M6005
 Potato Rounds, Baked M60 95
 Fresh Pears M6835
 Milk, FF Choc 1/2 pint PF M120
 Milk, LF White 1/2 pt, PF M 110
 Saltine Crackers, ENR,CR M7020

10

Beef Taco Soft Shell CR M 1155
 Tuna Salad w/ Crackers M 3595
 Corn on Cob, 3 in.USDA, MC1024
 Chilled Peach Slices M681 5
 Milk, LF White 1/2 pt,BoMS 1708
 Milk, FF Choc 1/2 pt.Bo MS 1700
 Sauce, Taco. PC M8205
 Trimmings for Sandwich M 8290

17

Ham&Cheese on Hoagie M 4320
 Chef Salad M3500
 Chips, Ranch Doritos
 Carrots, Baby with Dip M58 50
 Fruitables Plus Juice, Red Veg
 Fresh Pears M6835
 Milk, LF White 1/2 pt, PF M 110
 Milk, FF Choc 1/2 pint PF M120

24

Holiday

27

Chicken Nuggets Baked M
3170
 Chef Salad, Elementary M3
505
 Black-Eyed Peas Dry M551
5
 Macaroni and Cheese M70
30
 Chilled Pears Diced M6850
 Milk, LF White 1/2 pt, PF M
110
 Milk, FF Choc 1/2 pt.Bo MS
1700
 Sauce, Variety, Dipping M8
175

28

Mexican Pizza M2010
 Tuna Salad w/ Crackers M
3595
 Whole Kernel Corn, CND
M6010
 Broccoli w/ Cheese Sauce
M5595
 Chilled Mandarin Oranges
M6795
 Milk, LF White 1/2 pt,BoMS
1708
 Milk, FF Choc 1/2 pt.Bo MS
1700
 Saltine Crackers, ENR,CR
M7020

29

Chicken R Parmesan Past
a M3105
 Chef Salad, Elementary M3
505
 Mixed Vegetables M5795
 Roll, Whole Wheat Pur2oz
M7140
 Fresh Fruit Bowl Variety M6
715
 Milk, LF White 1/2 pt,BoMS
1708
 Milk, FF Choc 1/2 pt.Bo MS
1700
 Saltine Crackers, ENR,CR
M7020

30

Shepherd's Pie, MC174
 Chef Salad, Elementary M3
505
 Green Beans, Cut, CND M
5745
 Roll, Enriched, 2 oz. M714
5
 Fruit Cocktail M6735
 Milk, LF White 1/2 pt, PF M
110
 Milk, FF Choc 1/2 pint PF
M120
 Saltine Crackers, ENR,CR
M7020

Only 1% low-fat and fat-free milk choices are offered.

Menus are subject to change due to the availability of food.

This institution is an equal opportunity provider.

Oct 25, 2023